

2010 Steadman-Hawkins Clinic of the Carolinas
USA National Karate Championships & US Team Trials

General Schedule

Tuesday, July 6 – All events will be held at the Hyatt Regency Greenville

12pm-8pm Registration & Credentials Desks Open
5pm-7pm Athlete Weigh-In

Wednesday, July 7 – All events will be held at the Hyatt Regency Greenville

8am Club Member Breakfast Hosted by President John Dipasquale
9am-1pm Registration & Credentials Desks Open
9:30am-12:30pm Kata Judge Certification Course
9:30am - 4:30pm Coaches Certification Course
10am-12pm Tournament Director Certification Course
12:30pm-1pm Karate General Assembly
1:30pm - 6:30pm Kumite Referee Certification Course
2pm - 8pm Registration & Credentials Desks Open
2pm - 3:30pm Kumite Seminar with World Champion **Elisa Au** (All Ages)
5pm - 7pm Athlete Weigh-In
6pm - 8pm Volunteer Training/Certification Course
7pm – 9pm Kata Seminar with WKF Technical Committee Member **Ruben Canedo** (All Ages)

Thursday, July 8 – All events will be held at the BI-LO Center unless otherwise noted

8am Competition Begins
 Elite Kata (Jr. & Sr. Team Trials) Divisions
 All Long & Short Weapons Divisions (including 35+)
 Team Kata Divisions (Male, Female, Family, & Mixed Gender)
 Disabled Divisions (Kata & Weapons)
 Style Specific Kata (Okinawan, Korean, Shotokan, Shito-ryu, Goju-ryu, Wado-ryu)
 Iaido Divisions
10am - 12pm Athlete Weigh-In
6pm – 8pm Final Athlete Weigh-In (*Hyatt Regency Greenville*)

Friday, July 9 – All events will be held at the BI-LO Center

8am Competition Begins
 18-34 Elite Kumite (Sr. Team Trials) Divisions
 All Open Kata Divisions (including 35+)

Saturday, July 10 – All events will be held at the BI-LO Center

8am Competition Begins
 All Junior & Adult Open Kumite Divisions (excluding 35+)
 Jr. Team Kumite (17 years and younger) Divisions

Sunday, July 11 – All events will be held at the BI-LO Center

8am Competition Begins
 12-20 Elite Kumite (Jr. Team Trials) Divisions
 Sr. Team Kumite (18 years and older) Divisions
 35+ Open Kumite Divisions
5pm Steadman-Hawkins Clinic of the Carolinas US Senior Team Trials Finals

Please note that these times are subject to change. Visit www.usakaratenationals.com often to obtain the most up to date schedules and bulletins.