



## 2010 USA Open and Junior Olympics Frequently Asked Questions

### Registration

- Where can I find my membership number? *Go to [usankf.org](http://usankf.org) and on the menu Member Resources select “find a member”. Also when you register online and provide a valid email a receipt is sent to you with the means to print off a temporary membership card, please check your spam folders for this email*
- Can you confirm my registration? *Yes. You can confirm your registration online by going to [www.usakarateopen.com](http://www.usakarateopen.com) and selecting “confirm registrations” on the main page. You simply search using your membership number and confirm your registration. If you have registered online, you will receive an “order confirmation” via email in addition to being taken to a confirmation screen at the conclusion of the registration process. If you do not receive the confirmation email, please check your spam filter.*

*If you completed the paper application and mailed your registration, it will take approximately 10 business days for your registration to appear online using the website. Because of the volume of paper registrations, we can not confirm your registration any sooner than it would appear online. Please use the online search to confirm your registration.*

- What if I confirm my registration and it is incorrect? *If the registration appears to be incorrect online, please email the national office at [natoffice@usankf.org](mailto:natoffice@usankf.org) with the correction.*
- Can I register for Advanced Open kata and WKF kata? *No. Competitors must select between Advanced Open kata or WKF Kata divisions.*
- What if I make a mistake during registration, do I have to pay a change fee? *Yes, a late/change fee will be charged, unless the mistake is a minor clerical error or is the result of a mistake by the USA NKF Staff.*
- Can someone else pick up my competitor pass for me? *Yes, however it is strongly recommended whoever picks up the athlete pass review it carefully for mistakes. If the pass is accepted and is later found to be incorrect, a late/change fee will be assessed to make corrections.*

**USA National Karate-do Federation**

Member, United States Olympic Committee

A Non-Profit Organization

Contributions Deductible for Federal Income Tax Purposes

1631 Mesa Ave, Ste A1 – Colorado Springs, CO 80906 – Phone: (719) 477-6925 – Fax: (719) 634-5198

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- Do I need to register for the kumite and kata seminars? *Yes. All participants must register for the seminars if they plan on attending. Seminars are free of charge for USA NKF Life members but to reserve a free spot in the seminar they must sign up via email to [natoffice@usankf.org](mailto:natoffice@usankf.org).*
- How can I be a volunteer? *All volunteers must register in advance online at [www.usankf.org](http://www.usankf.org) and attend a volunteer course held onsite Wednesday, March 31<sup>st</sup> from 6pm-8pm or Thursday, April 1<sup>st</sup> from 6pm- 8pm. Volunteers are especially requested for Sunday, April 4<sup>th</sup>. For specific information on volunteering contact the National Volunteer Coordinator, Cindy Seton-Rogers at [volunteers@usankf.org](mailto:volunteers@usankf.org).*
- Where do I check in as a volunteer? *Volunteers will need to check-in at the Volunteer Check-in Table in the Registration area. Volunteers will pick up the volunteer T-shirt and get additional information about the tournament.*
- What if I just want to watch the tournament? *Spectator tickets are on sale at the event for \$20 a day or \$50 for a 3 day pass. Tickets may also be purchased in advance online at [www.usakarateopen.com](http://www.usakarateopen.com).*

## Schedule

- Is the schedule of events posted somewhere? *A schedule will be posted online prior to the tournament and at various locations onsite. The schedules are tentative and subject to change.*
- Will Juniors do kata and kumite in the same ring or will there be a break in between?

*At the Junior Olympics all kata and kumite divisions will run back to back in the same ring with no break. All competitors should report to staging with equipment prepared for kata and kumite competition.*

*At the US Open for all divisions 7 years and under, kata and kumite will run back to back and competitors should report to staging with equipment prepared for kata and kumite competition. For all divisions above 7 years, kata and kumite will be held separately or on different days.*

*All weapons divisions will be run separately.*

- Does everyone need to be at the tournament at 8:00am? *No, the USA NKF Staff is committed to providing a basic time structure for events and stage times. In general, the divisions will run from youngest to oldest.*

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## Equipment

- Are USA NKF patches mandatory? *Yes. USA NKF patches are required for this event for all USA athletes participating in this event.*
- Are shin pads required? *Yes, USA NKF approved shin pads are required.*
- What color equipment is required? *Red and Blue USA NKF approved handgear is required. Red, Blue or White USA NKF approved shin and foot pads are required. Only USA NKF approved headgear is allowed.*

*Please note, you must wear matching hand and foot gear or red/blue hand gear with white foot and shinpads. You may not wear red handgear with blue foot and shin pads or vice versa.*

- Where can I buy USA NKF approved equipment? *Equipment can be purchased in advance online at [www.AWMA.com](http://www.AWMA.com)*
- Will USA NKF approved equipment be on sale at the tournament? *Yes. AWMA will have a vendor booth onsite for equipment purchases, however it is suggested you purchase in advance to ensure you have equipment for the tournament.*
- Are face shields required? *No, but WKF approved face shields are optional for competitors 15 years of age and under.*
- Is body armor required? *No, but WKF approved body armor is optional for competitors 15 years of age and under.*
- Is the female chest protector required? *Yes. WKF approved chest protectors are required for all Advanced kumite competitors 14 years of age and older.*
- What color uniform (gi) can I wear? *Competitors may only wear traditional cut unmarked white karate uniforms without striping or piping.*

## Kata Competition

- Can I compete in both Advanced Open kata and WKF kata? *No. In the interest of expediency, competitors must choose between the two divisions.*
- Why did the rules change to using flags? *In an effort to prepare all USA NKF competitors for kata competition at the WKF level, the Referee Committee, Technical Committee and USA NKF Staff decided to adopt a modified flag scoring system for the US Open and Junior Olympics.*

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- Will I have to do my kata at the same time as my opponent?
  - *All Beginner and Novice Divisions will perform kata simultaneously.*
  - *All Intermediate Division for UNDER 18 will perform kata simultaneously.*
  - *All Advanced Division UNDER 14 will perform kata simultaneously.*
  - *All Adult Intermediate Divisions will perform kata individually.*
  - *All Advanced Divisions 14 and OLDER will perform kata individually.*
- Can I repeat kata? *It depends. All Beginner, Novice and Intermediate Divisions may repeat kata in all rounds. All Advanced NON-ELITE/ NON-WKF Divisions can repeat kata UNTIL the final round. In the FINAL ROUND, Advanced non-elite/non-WKF competitors must perform a different kata from previous rounds.*

*ALL ELITE KATA DIVISIONS will follow WKF rules and must perform a different kata each round.*

## Kumite Competition

- Can I coach my athlete at the ring? *It depends. All US Coaches must be current USA NKF Coach Members and have a current USA NKF Coach Certification.*

*International Teams will be issued a limited number of Coach's credentials. International Teams may have one (1) Coach for every five (5) competitors.*

- How can I become a Coach? *Coach's certifications will be offered onsite at the US Open and at the USA National Championships. Specific questions related to coaching courses and qualifications should be directed to Tokey Hill at [thill@tokeyhill.com](mailto:thill@tokeyhill.com).*
- How old do I have to be to be a Certified Coach? *18 is the minimum age for certification, however anyone is allowed to attend the course.*
- Do I have to weigh in? *Yes and no. No weigh-ins will be held for the Junior Olympics, however; if an official protest is made and an athlete is found to be outside the weight division, the athlete will be disqualified, and not re-charted to the correct weight division.*

*For the US Open, weigh-ins will be held for all advanced kilo categories, including 14-15 & 16-17. All athletes must weigh-in and can be moved to the appropriate weight division if the athlete is outside the registered weight division.*

*All athletes that are required to weigh in must weigh in at the designated weigh-in times. If an athlete fails to weigh in at the designated weigh-in time, the athlete will be disqualified from competition for failure to comply with weight control regulations.*

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- Where and when are the designed weigh-ins? *Weigh-ins for the US Open will be Wednesday March 31, 2010 from 5pm – 7pm, Thursday April 1, 2010 from 5pm-7pm and on Friday April 2, 2010 from 10:00am to 2pm.*

*Weigh-in locations will be announced and clearly marked on-site near Registration.*

## Parents

- Can I go with my child to the ring? *No. The competition floor is closed and only for competitors, registered coaches and officials.*
- Can I go to the Staging Area with my child? *Yes and No. A small section of the Staging Area will be available for parents to visit and check on their competitors; however parents will not be allowed in the “competitor only” area of Staging. The Staging Area can be a loud and busy place in the tournament and this rule will allow the USA NKF Staff to focus on the competitors to expedite the competitor to the competition floor.*
- Will food or drinks be allowed in the Staging Area? *Yes. Competitors will be allowed to bring bottled drinks and snacks to the Staging Area. Common courtesy is appreciated and the USA NKF Staff expects all competitors to keep a clean Staging Area.*
- How will I know when it is my child’s time to compete? *Each division is assigned a number. The division number will be printed on your child’s competitor pass that you will pick up at Registration. The Announcer will call the division number to Staging and that will signal your child needs to go to the Staging Area immediately and prepare for competition. Generally, once a division has been called to the Staging Area, the division will make it to the competition floor in under 30 minutes.*
- When will my child compete? *A general schedule will be posted to [www.usankf.org](http://www.usankf.org) prior to the tournament and posted to various locations at the tournament site, but no specific times can be given as to when a competitor will be on the competition floor. The USA NKF Staff is committed to running an efficient, fair and fun tournament for all participants, so it is the Staffs’ intention to minimize wait times. Generally the youngest age divisions start the day and the tournament works through ascending age divisions as the day moves on.*

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